



Think India Journal

ISSN: 0971-1260 Vol-22, Special Issue-21

National Conference on

A Modern Approach to Designing Implementation and Reinforcement of Quality Management

System Organised by

ZES's, Zeal Institute of Management and Computer Application,
Narhe, Pune, Maharashtra, India
on 21st November 2019



MESSAGE OF VETHATHIRI MAHARISHI – SPIRITUAL GURU OF 20TH CENTURY

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ABSTRACT:

Vethathiri Maharishi transformed himself into a profound philosopher, a scientist of the highest order, a reformer, a supreme literary figure and finally a great Mahan with disciples and admirers all over the world. The span of man's life is limited. If he spends most of his life undergoing pain and misery created by Will, then he will not fulfill the purpose of his birth. In order to make life purposeful and to enjoy happiness, success, peace and harmony, man should simultaneously maintain harmony in thought and deed in conjunction with three factors: The creation of problems produced by will should be reduced and stopped. Ability to solve the problems arising from the law of Nature should be developed.

The opportunity for everyone in society to enjoy his birthright, and full freedom, which would enable him to reach the goal of perfection, should be developed and maintained. To achieve, maintain and enjoy all these values in life, one must regulate one's moral behavior, achieve sufficient material prosperity in society, and realize the law of Nature and its unfailing cause and effect system.

These are essential requirements. Ignorance, neglect, or the absence of even one of these three requirements will proportionately result in pain, misery, and disturbance to man. The techniques developed by Vethathiri Maharishi helps each individual to achieve the above set goals of life through simple yet powerful practices called SKY.

Key words: Happiness, harmony, conjunction, perfection, prosperity, ignorance and neglect.



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INTRODUCTION:

Humanity has time and again witnessed Enlightened Masters who leave behind a message to the posterity. Enlightened masters are not just human beings. They are the physical manifestation of the divine consciousness. Whenever humanity craves with tremendous and total sincerity for deliverance, divine consciousness descends into human form to show them the path of redemption. Even though, it is the voice of the divine consciousness that reaches the society it happens only through a physical frame that is time bound. That is why Enlightened masters leave behind their knowledge as a message to the present as well as future generations. Revelator maybe forgotten in the course of time but not the transferred knowledge. It gets immortalized by becoming part of social consciousness. The messages left behind by Enlightened masters are not mere words. These messages, along with being an expression of the will of the Divine consciousness, also become the benchmark to ascertain the knowledge acquired by the Enlightened masters. Understanding the message is important in understanding the Enlightened master and to identifying his stand in the realm of spirituality. Such a message can also be a flood light for launching the journey of consciousness. Understanding the message of Vethathiri Maharishi is important to understand not only the personality of Vethathiri Maharishi which is vital in creating the much needed inspiration and encouragement in the minds of mankind but also to have him as a role model and guiding option for transcendental experience.

VETHATHIRI MAHARISHI:

From being a simple, unknown and ordinary person of a remote village (Guduvancheri about 30 km, south of Chennai city) of the British India, with a very cultural background as a contributing factor, Vethathiri Maharishi transformed himself into a supreme literary figure, a reformer, a scientist of the highest order, a profound philosopher and finally a great Mahan with admirers and disciples all over the world. When Vethathiri Maharishi identified the Space as the primordial cause of the universe at the age of 35, he became a sophist. He revealed the process as to how the Space transformed itself as the Universe. By giving a



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logical link between the Space and the Universe, he succeeded in linking the process in philosophy and science. His life is a process of adjustment, tolerance and sacrifice and his message is the base for global transformation.

MESSAGE OF VETHATHIRI MAHARISHI:

Human life is a process of living. Living means the state of being alive or conscious. Living also means the pursuit of a lifestyle of the specified type. Living is actually a process of developing oneself. It is not, just a process but in fact a very dynamic process. A person's physical, emotional and social environment and subsequent needs are continually changing and evolving thereby converting the human life into a continuous process of conscious adaptation and evolution. This process of human adaptation and evolution is constantly supported by nature and Society. Man can neither live away from society nor without nature. But due to ignorance about the true state of nature, to ignorance about the value of human life and lack of respect to others today mankind is facing various problems in the process of living.

Humanity today needs to understand the philosophy of life, understand ones indebtedness to society, government, nature and god, identify one's own ignorance resulting in impurities and finally acquire the right knowledge to get purified. This has made it necessary to implement a process for living that speaks of a meaning for life, way of living and target for living. In this context the relevance of yoga as a way of saving mankind is intensely felt by humanity at large. Since yoga deals with the evolution and development of the human personality, it provides humanity with a conscious awakening. This conscious awakening bestows humanity with a better understanding of the relationship and interdependency between self, society and Nature enabling them to choose what is right and not what one likes. Vethathiri Maharishi in the book *Yoga for Modern Age* writes,

“Yoga is not just a technique in concentration, nor merely a new method of Meditation. It is something more; in fact it is very much more. It is a method aimed to change the very thought – pattern of the individual in order to bring about a total



transformation and lead him on to peace and perfection – to transform the ordinary man weighed down by problems and complexes and limited by his body – consciousness into a colossus anchored in God- consciousness, marching with confident strides towards success and realization and spreading happiness and peace all round.”

Vethathiri Maharishi elucidates that Yoga is creating a process of living where the human mind which is trapped in ignorance and illusion can be made conscious of its potential ability and finally turned into a medium receiving and echoing the Grace of all pervading Divinity. Here Vethathiri Maharishi is in a subtler manner emphasizing that Yoga should not just be made part of human life but it should become the very way of living in order to achieve world peace, happiness and harmony. Hence the core message of the philosophy of Vethathiri Maharishi is “Living is Yoga”.

Vethathiri Maharishi also emphasis that in order for man to transcend the level of ignorance, suffering, morbidity and mortality and achieve knowledge, Bliss, health and divinity a way of living has to be developed and implemented that would help every human being to realize that he is simply a finite model of the absolute and infinite space. Such understanding is the pinnacle of the human excellence. According to Vethathiri Maharishi such Human Excellence can be achieved only when the way of living is yoga.

According to Vethathiri Maharishi the way of living should start with acknowledging the indebtedness to the society by each and every individual. His actions should be moralized so that every act of his is only a repayment of his debt. The underlying principle behind every act of humanity should be only to help others and not harming anyone. When such a way of living is followed it becomes karma yoga. Next humanity has to understand the order of function of nature maintained through the principle of cause and effect that ensures the very existence and functioning of the entire universe (inanimate and animate). This understanding creates a much needed link between human consciousness with the divine consciousness.



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This link is possible only with the understanding of the phenomenon concept of Pranav. This way of living to create the divine link is called pranava yoga. Pranava yoga starts removing the ignorance that prevails within human consciousness and creates a need to purify the soul to receive the grace of divine to become divine. This becomes possible by rising the kundalini energy. This way of living is termed as kundalini yoga. Life finally culminates into the ultimate experience of realizing and integrating the individual consciousness with the all pervading Divinity. Realization dawn's that all that is, is nothing but Divinity. Living in this state of realisation is gnana yoga.

CONCLUSION :

Vethathiri Maharishi's philosophy is to live for realization; living through karma yoga and make everyone involved through the journey of consciousness through the SKY yoga, whom he calls the Yoga for modern Age. He is a prophet of Yoga System; warrior against poverty and ignorance and prudent with wisdom and detachment and filled with love and compassion. He is a secular spiritualist; and social reformer. He is logically a scientist, morally a man and spiritually a maharishi. He emphasis that in order for man to transcend the level of ignorance, suffering, morbidity and mortality and achieve knowledge, Bliss, health and divinity a way of living has to be developed and implemented that would help every human being to realize that he is simply a finite model of the absolute and infinite space.

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