

Enhancing Teaching Pedagogy through Bowen Mechanism:

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Abstract

Language has become a never- ending phenomenon in day-day life. To articulate one's own idea language has become an artifact in showcasing the rudiments of everyday life. It is a tool which bridges the gap between the people so that the conflict between known and the unknown will not take place. The major portal of communication is language and it operates at every level and without this the mode will not function. Teaching is quite challenging in the contemporary times and it expects the teaching fraternity to be a facilitator than a moderator. A few decades back book based teaching was foregrounded and knowledge based teaching was back grounded whereas in the present scenario knowledge based teaching which comprises hard skills and soft skills matters a lot along with that the curriculum too evolves. This paradigmatic shift is to make the student community a good product in the job market. Literature is unique in nature and it informs the reader about the scenarios which will take place in the coming days and all this is

possible only through the artistic talent of the writers and they are the real oracles. Bowen

Mechanism having its deep origin in America when the society was fragmented owing to the

Aftermaths of the second world war . A psychologist by nature has framed a few methodologies

to eliminate the human's misunderstanding and for that communication acts as an impetus.

Keywords : Artifact, Conflict, Skills, Fragmented, Aftermaths

Language in the present scenario is the striking phenomenon in all the fields. The world today is emerging verbally and technically and it is the right call for the academicians to equip themselves to cater the needs of the academic ambience. Language based teaching is gaining momentum in the academia and the role of the English fraternity is to make the students to have a good command over the language. The supreme irony is that even the humanities department are forced to emphasis on the language content than the subject content to their students. The objectives of the course gets shattered when language plays a predominant role than the subject content and this is applicable only to humanities course. Language and Literature are at both ends of the spectre and the beauty is that literature does miracles with its language.

Language through literature or literature through language is the welcome augury in the current academic scenario. It is also to be noted that the teaching methodologies in terms of language

is vibrant and inculcating those methodologies with literature is highly herculean task. And also the literary texts are purely aesthetic in their own sense. To learn a language a candidate needs to be strong in his or her own mother tongue and then only they can mastery the other languages. The saddest truth is that everyone who aspires to learn literature cannot be a master in it whereas a one who has got deep sense of appreciating things can only be the master in it. Whereas in the present scenario things are topsy-turvy. Students of Under-Graduate are of the View that to be a master in English language one has to pursue English Literature. When Language becomes the major concern the essence of literature is completely lost and when Literature becomes the major concern the essence of language do not get lost. Language teaching methodologies may omit the literature essence whereas the literature teaching methodologies have language as a tool to explore the artistic talent of the literary stalwarts. Literature envisions the mind of the reader through language and right from the good old past it is evident that literature is existing only because of language and language is existing only because of the literary texts.

The present academic curriculum stresses on the fact that a student should have a sound knowledge on soft skills and hard skills. This paper showcases the truth that the teaching fraternity of humanities stream can enlighten the student community through Bowen

Mechanism by having language as a tool. Murray Bowen a renowned psychiatrist in America has formulated a methodology to eliminate the differences among the family members. The American dream is a known phrase in the society and it is known for Melting Pot culture. Fragmentation was at its peak which paved way for dislocation, disjunction in a family. Literary texts often foreground the unhidden voices and they create a rampant discourse in the academia and bowen mechanism eliminates the power structures which operates within the family. For the teaching fraternity to teach language their comfort zone matters a lot so that they can understand the students' mindset and they can cater their needs. The essential trait which student possess in the academic scenario is soft skills. To imbibe that art students' undergo training apart from their regular class hours. The main agenda of Soft Skills is that students' should present themselves in a well dignified manner and there are certain etiquettes that are to be followed. Ultimately through all these stuffs they check the students' potential towards the English language.

This paper boldly states that Bowen Mechanism, Soft Skills, Language are embedded with one another unknowingly. This makes literature to be Interdisciplinary and Multidisciplinary.

Though Murray Bowen has formulated eight concepts among which three concepts namely Triangulation, Differentiation of Self, Societal Regression can be experimented in the class

room and the student community will be highly beneficial. Triangulation is said to be a process which takes place between three people in a family and it mainly takes place when there is a conflict in the family between the two people. The third person might be a family member or an outsider will try to end the conflict. And in the family therapy system it has got a good reception and the therapists are of the notion that triangulation takes place mainly when there is dysfunction in a family. For the teaching fraternity classroom is said to be a space where they can create miracles with the help of language. An important element in the screening process when it comes to interview is that Group Discussion. The main agenda of GD is that to communicate the things effectively within a short span of time and every member in GD is suppose to encourage everyone and the domination should not take place at a greater extent. And the H.R plays the role of the moderator. In the classroom teaching the faculty plays the role of the moderator and the GD members are the student community. The purpose of the G.D is to present a problem and the solution should be given by the members. Like that a Professor in the classroom put forths a topic to the student community and it is their bound duty to discuss the pros and the cons of the topic. When they start to interact automatically there their language skills can be judged and tips for their improvement can be given and also when they discuss the pros and cons of a topic that leads to conflict and obviously the members will be of two groups

not all members but a few whereas the member in the group who do support or oppose anyone will be changing the scenario and he can be the trend setter to eliminate the differences and the moderator noticing it will enhance the GD effectively. This process is inherently embedded in the triangulation process. The simple logic is that a conflict arises in a family when they strive for a particular problem and the solution is being given to them by the third member in a family who acts as a mediator between the people who are in the conflict and they can also be the outsider too. When students' try to solve the conflicts through GD two things takes place. First and foremost is that they come to know about the seriousness of the particular issue and Secondly when they started to interact with each other the closeness between them is getting more and also the love for humanity exists among them and the role of a faculty along with their syllabi the inculcation of good value to the student community is also essential and they can achieve this through GD. The basic trait in language is LSRW skills. Through Group discussion a student is forced to think logically automatically is listening skill gets activated effectively. Clarity of thought leads to clarity of writing and GD paves way for it.

Differentiation of Self exemplifies how an individual is being emotional towards others and also being focused towards their goals. Bowen firmly believed that the differentiation of self firmly exists unknowingly in the academic spheres and also in the social life.

In a classroom the faculty is said to be an epitome of differentiation of Self. Though he/she might have an emotional inclination towards the students' who undergo the psychological stress yet then their main intention is to complete the syllabi on time. As said before the faculty is supposed to play the role of the moderator in a GD and when a topic is presented the students' will be given time to refresh their ideas and then begins the formal discussion. For example in a GD when a topic is given regarding the increase in Old Age homes the Participants will be divided into groups and when a particular student who is emotionally bonded towards his/her grandparents and owing to the family circumstances their grandparents have been staying in the Old Age home. At this instance the particular student should not get emotionally down and he should be very much firm in registering his ideas so that the purpose of GD gets fulfilled. By doing so the individual self becomes connected with the collective self and yet then there is no ambiguity. Soft Skills engage the student community to be innovative rather than creative so that the student community will get good reception in the job arena. In the construction of words emotion plays a vital role. Though language is of verbal in nature the thought process which evolves around it matters a lot. In the process of construction of words a student automatically tends to think and the outcome is that listening skill gets well tuned. Right diction at right time is one of the trait of LSRW skills. Group discussion through

triangulation and differentiation of self paves way for the better learning of Listening and speaking skills. It is also to be noted when a student thinks automatically it is a well known fact that he/she is said to be a voracious reader. It is only through reading they are able to communicate ideas cleverly. Few of the renowned institutions in India particularly in the humanities stream have GD as an important element to assess the student potential. Faculty who handles literature will be having a sound knowledge in language and the literary texts through practical application can be explored in the four walls of the classroom.

Societal regression method is an interesting phenomenon which explores how the culture have a strong inclination towards the people and how it can change the individual's mindset.

In a Group Discussion when a topic is being discussed the members knowingly and unknowingly gets into that subject content and they will be the representatives of what they speak. If they are given a topic like culture they will talk about its importance and also the demerits of it. When a particular candidate talks about the demerits of culture there will be people surrounding him/ her stressing the fact that culture is vital. Society is the people who interact with everyone and the saddest truth is that power corrupts the people.

As the role of the faculty is to illuminate the minds of the people being a moderator in the GD he/she can tell the pros and cons of culture. When this practice takes place in the

Classroom it becomes highly healthy and it makes the student community to mastery their listening and speaking skills.

Literature through language pedagogy enlightens the student community to master the English language and also makes them to have a strong aversion towards the literary texts. Practical learning of literary texts makes the syllabi to be proactive and it is possible only through language.

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